

Unit 1 Title: Transitioning To Middle School	Grade Level: 5
Number of Lessons in Unit: 2	
Time Required for each lesson: Approximately 45 minutes for each lesson	
Best time of year to implement this Unit: Last quarter of 5 th grade	
Lesson Titles:	
Lesson 1: Middle School Here I Come! (Part 1)	
Materials/Special Preparations Required:	
Combination Locks of some kind (lockers, tool chests, locks etc.)	
Directions on how to open a combination lock	
Activity Sheet - <i>Expectations and Skills Needed to be Successful in Middle School</i>	
Lesson 2: Middle School Here I Come! (Part 2)	
Materials/Special Preparations Required:	
Activity Sheet. - <i>Transition to Middle School</i>	
<i>Transition to Middle School</i> Instruction Sheet	
Provide written information about middle school or invite the Middle School	
Counselor/Teacher to talk with students about expectations.	
Activity Sheet - <i>Future Plan of Action</i>	
Missouri Comprehensive School Counseling Standard Big Idea:	
AD.5: Applying the Skills of Transitioning Between Educational Levels	
Grade Level Expectation (GLE):	
AD.5.A.05: Develop an understanding of educational tasks and skills necessary to make a smooth transition to the middle school structure. (DOK Level - 3)	
American School Counselor Association (ASCA) Mindsets and Behaviors:	
Academic Development	

Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

X	Goal 1: Gather, analyze and apply information and ideas 8. Organize data, information, and ideas into useful forms for analysis or presentation. 10. Apply acquired information, ideas and skills to different contexts as students, workers, citizens, and consumers.
	Goal 2: Communicate effectively within and beyond the classroom
X	Goal 3: Recognize and solve problems 2. Develop and apply strategies based on ways others have prevented or solved problems. 3. Develop and apply strategies based on one's own experience in preventing or solving problems.
X	Goal 4: Make decisions and act as responsible members of society

	3. Analyze the duties and responsibilities of individuals in societies. 5. Develop, monitor, and revise plans of action to meet deadlines and accomplish goals.
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This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)

Specific Skill(s)

X	Communication Arts	6. Participating in formal and informal presentations and discussions of issues and ideas.
	Mathematics	
X	Social Studies	6. Relationships of the individual and groups to institutions and cultural traditions. 7. The use of tools of social science inquiry.
	Science	
	Health/Physical Education	
	Fine Arts	

Unit Essential Questions:

Why do we have certain memories? How are transitions associated with life?
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Unit Measurable Learning Objectives:

The student will have one successful opening of a combination lock.
The student will complete an activity sheet to self-assess her/his expectations and skills needed to be successful in middle school.
The student will identify nine goals for middle school by completing one “Plan of Action” activity sheet.
The student will develop a plan of action for one goal to accomplish before transitioning to middle school.

Unit Instructional Strategies/Instructional Activities:

<input checked="" type="checkbox"/> Direct (Drill & Practice; Guided & Shared-reading, listening, viewing, thinking)
<input checked="" type="checkbox"/> Indirect (Reflective Discussion; Concept Formation)
<input type="checkbox"/> Experiential
<input type="checkbox"/> Independent Study
<input checked="" type="checkbox"/> Interactive Instruction (Discussion; Cooperative Learning; Problem Solving)

Unit Summative Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals, objectives and GLEs.
Assessment can be question answer, performance activity, etc.
Students will learn to open a combination lock.
Students will identify nine goals for transitioning to middle school and develop a plan of action for one goal.

Brief Summary of Unit:

Students will review the information about transition and determine if they are ready to transition to middle school. Expectations and skills will be identified to help students be successful in middle school.

What prior knowledge do students need (e.g. the steps to solving a problem) to be successful in this unit?

Knowledge of skills needed to be successful in school.